Folsom’s Trail System
Folsom’s trail system provides more than 50 miles of beautiful Class I trails for cyclists and pedestrians. Trail access points are located within many neighborhoods and near businesses and retail centers. Trails meander through Folsom’s dedicated open space corridors, providing a journey through greenbelts, wooded areas with native oaks and vegetation, wildlife habitats, and along creeks and seasonal streams.

Adopt-A-Trail Program Coordinator
The Adopt-A-Trail (AAT) program was developed by the Folsom Parks & Recreation Department to provide an opportunity for community members and organizations to beautify, restore, and help maintain our trail system in Folsom.

AAT volunteers help keep the city’s trails beautiful and well-maintained. This stewardship also helps to keep the natural habitats of our native wildlife free of debris and litter.

Adopters are required to make a one-year commitment to the program with regular trail checks and workdays. Some trails may require more maintenance than others. It is the responsibility of the Adopter to ensure that they continue to performing the tasks outlined in their AAT commitment.

Adopt-A-Trail Program Coordinator
Contact Chris O’Keefe at cokeefe@folsom.ca.us or call 916-461-6601 for more information and to participate in the Adopt-A-Trail program.

Step One: Finding Your Trail
The AAT Program has adoptable trail sections throughout the city; most are approximately one mile in length. Find a map of Folsom’s trails and bikeways at folsom.ca.us/trails (click on the tab with the map).

Adoptable trail segments are available along these Folsom trail corridors:
- Auburn Folsom Trail
- East Natoma Trail
- Folsom Boulevard Trail
- Folsom Lake Crossing Trail
- Folsom Placerville Rail Trail
- Hinkle Creek Trail
- Humbug-Willow Creek Trail
- Johnny Cash Trail
- Oak Parkway Trail
Step Two: Adopting Your Trail

Adopter Responsibilities
1. Read through and familiarize yourself with this Adopt-A-Trail Handbook.

Once your application is approved:
1. Sign and submit the Adopt-A-Trail Adopter Program Guidelines and Volunteer Agreement.
2. Schedule and complete the required Adopt-A-Trail walkthrough and orientation with the Program Coordinator. This is required before your first volunteer workday.
3. Plan your workday (see Step Three).

Adopter Keys to Success
- Communicate with the Program Coordinator on a frequent basis about scheduled workdays, concerns, or issues with your adopted trail section.
- Visit your trail section at minimum once per month. We recommend you visit more frequently during periods of high usage and after windy and rainy weather.
- Plan your workdays earlier in the day to avoid long exposure to heat, especially during the summer months.
- Recruit your friends, family, and colleagues to help! Volunteers are not required to be Folsom residents.
- Maintain your trail year-round. Neglect of an adopted trail section will result in termination of the volunteer program agreement and the trail section will be assigned to the next applicant.

Step Three: Maintain Your Adopted Trail

Adopters must perform necessary trail maintenance a minimum of one time per month depending on the needs of the trail and environmental conditions.

Planning Your AAT Workday
Workdays should be planned and promoted well in advance to ensure that volunteers can complete the basic maintenance tasks. Typical workdays are generally 3 to 4 hours depending on what tasks need to be accomplished.

Tips to Make Your Workday Successful
- Ask your volunteers to RSVP for the workday via call, text, or email.
- Recruit others to join you—reach out to your network of friends, coworkers, neighbors, etc.
- Submit an Adopt-A-Trail Workday Request to the Program Coordinator prior to start of work each month.

Getting Your Workday Started: Orientation and Volunteer Safety Training
Adopt-A-Trail workdays begin with a quick orientation and safety training session for Adopters and their volunteers. This training is provided by Folsom Parks & Recreation and covers all the necessary information you will need to be successful in your projects.

The Program Coordinator and Adopter will have all volunteers sign both a Waiver and the Safety Guidelines. All volunteers must also sign in and log hours on the sign-in sheet. Tasks will be assigned and the AAT volunteer trail kit supplies will be distributed.
Adopt-A-Trail Tools and Supplies
Adopters will receive a special AAT volunteer trail kit during their mandatory orientation session. The kit includes materials for refuse collection, safety vests, safety signs, gloves, and other appropriate supplies for volunteers to use throughout the year. The Program Coordinator will provide additional training, tools, supplies, and on-site instruction for any needed special projects (graffiti removal, erosion control, etc.).

Interacting with the Public
On your workdays, you and your volunteers may come in contact with other community members or city employees.

- Allow pedestrians and cyclists the right-of-way. Wave and greet them in a positive way.
- If trail users express interest in volunteering or want to become an Adopter, have them contact the Program Coordinator.
- If you or your volunteers witness illegal dumping or other activities, notify the Program Coordinator.

End of the Workday
Once the workday is complete, the Program Coordinator will help your group clear the debris and trash that you have collected. Notify the Program Coordinator if there are remaining items that require assistance for removal. Please do not block trails, roads, or gates when vacating the trail.

Submit End of Workday Forms
The following forms must be submitted within seven (7) days after workday:

- Trail Reporting Form
  The trail report form is a summary of the work completed on your trail section and any issues along the trail such as vandalism, breakage, trail obstructions, sign damage, erosion problems, etc.

- Safety Guidelines Document
  A one-page document signed by every volunteer verifying that they were informed of the safety guidelines. These should be attached to the volunteer sign-in sheet required for each workday.

- Volunteer Waivers
  All volunteers must sign the Waiver and Trail Safety Guidelines before the workday begins. Minors must have a parent or legal guardian sign on their behalf.

Sponsorship Opportunities
In addition to directly working on the trails as an Adopter, individuals, groups, or businesses can make a financial donation on an annual basis to the Adopt-A-Trail program. The annual required donation amount is $1,000 per trail section, and the funds will be used for the continued maintenance and upkeep of the section selected by the sponsor.

Adopt-A-Trail Recognition
A sign will be placed at the beginning of the adopted trail section with the name or business logo of the Adopter. The sign will remain in place for the duration of the adoption period.