



CITY OF
FOLSOM
PARKS & RECREATION

Folsom Teen Council



What is the Teen Council?

The Folsom Teen Council is made up of high school students living in Folsom. These students volunteer at several City of Folsom special events, FCUSD and/or PTA events at local elementary schools, and a variety of other events throughout the community.

Goals

- To promote a greater awareness and involvement of teens in the community.
- To give back to the community by volunteering at a variety of events throughout the year and donating to community projects the Teen Council finds worthy of their support.
- To provide support to the City of Folsom Parks and Recreation Department events.

How can I join Teen Council?

Desirable candidates must be willing to attend our monthly meetings and be willing to participate in Teen Council activities on a regular basis. Membership is valid for one year and each year all members need to fill out a new application and emergency waiver. Both items need to be emailed directly to advisor, Senior Recreation Coordinator Frankie Nelson at fnelson@folsom.ca.us.

2023/2024

Schedule of Events and Meetings

**The first monthly meeting will be Thursday, September 14th.
Details will be sent out by Teen Council Officers.**

**Future meetings will be held on the first Thursday of the month at the
Folsom Senior & Art Center (48 Natoma Street)
10/5, 11/8, 12/7, 1/4, 2/1, 3/7, 4/4, 5/2**

All meetings will be from 6 - 7pm

**List of activities where members will be asked to participate and
volunteer (this list does not include additional opportumay change as
more opportunities arise):**

September	**	Renaissance Faire
October		Swim with the Pumpkins/Wild Howl-O-Ween
November		Veterans Day Parade, Holiday Lights Setup
Early December		Shopping with the STARZ
February/March		Senior Pancake Breakfast
Spring Break	**	<u>Festival of Eggs, Egg Stuffing, and Egg Sorting</u>
Early May		Love my Mom 5K, End of the Year Celebration

****Mandatory Events**

Dates are subject to change/some events dates will be decided later. All events are subject to change and additional events may be added based on the direction of the Teen Council members.

TEEN COUNCIL APPLICATION
2023-2024 School Year



NAME _____

PHONE (the best number to reach you at) _____

EMAIL ADDRESS (that you use) _____

HIGH SCHOOL: _____

Are you a (circle one): Freshman Sophomore Junior Senior

T-shirt Size _____

- ☐ **Why are you interested in joining the Teen Council?**

- ☐ **What type of community service or volunteer work have you done in the past?**

- ☐ **What other qualifications make you a good candidate for Teen Council?**

- ☐ **Part of Teen Council is attending and participating in monthly meetings and helping with community projects. If you join teen council are you prepared to come to monthly meetings and occasionally spend weekends volunteering at events?**

Please email ASAP along with Waiver on the next page to:
Frankie Nelson, Senior Recreation Coordinator
fnelson@folsom.ca.us



**FOLSOM PARKS AND RECREATION DEPARTMENT
SPECIAL ACTIVITIES PROGRAM**



EMERGENCY INFORMATION, WAIVER, MEDICAL AUTHORIZATION, & RELEASE OF LIABILITY

NOTE: Parent or Guardian must complete and sign this form before participants may participate in the Teen Council meetings, activities, and volunteer opportunities.

Participant's Name: _____ Grade: _____ Date of Birth: _____

Address: _____ City: _____ Zip: _____ Home Phone #: _____

Parents Name: _____ Home Phone: _____ Cell: _____

Parents Name: _____ Home Phone: _____ Cell: _____

In case of an emergency please notify (other than parent):

Name: _____ Home Phone: _____ Work: _____ Cell: _____

Physician _____ Phone: _____

Medical Insurance Carrier: _____ Policy#: _____

List any health\allergy problems _____

My child _____ has my permission to participate in the Folsom Teen Council meetings, activities, and volunteer opportunities. 2023-2024 activities and volunteer opportunities include but are not limited to: Veterans Day Parade, Shopping with the STARS, Seniors Pancake Breakfast, Festival of Eggs, and more. City of Folsom Parks and Recreation Staff will provide supervision. Folsom Parks and Recreation is not responsible for participants beyond the times indicated for each activity.

I agree to indemnify and hold harmless The City of Folsom Parks & Recreation Department, The Folsom Cordova School District, their employees, contractors and officers and any other cosponsoring agencies from any and all liability for injuries or damages which may arise as a result of participation in this activity. I further agree that The City of Folsom Parks & Recreation Department may act in an emergency as best fits the situation in the event either myself or emergency contact cannot be reached. I am aware that the sponsoring organizations do not carry medical insurance for participants in this activity. I have read and understand the refund policy. The City of Folsom's meetings, facilities, activities, and programs are accessible to persons with disabilities. If you require a reasonable accommodation to participate, please call (916) 461-6601 a minimum of three business days prior to the meeting, activity, or program. Reasonable accommodations for various disabilities may require more time to accommodate.

PHOTOGRAPHY NOTE: By signing this waiver, I understand that city staff may photograph me and/or my minor children and that the city may use such photographs to promote city programs now and in the future. I expressly allow, and hereby waive any objection to, the city's photographing of me and/or my minor children when I and/or my minor children are participating in a city recreation program. I understand all photos will remain the property of the City of Folsom Parks & Recreation Department.

E-mail: When you provide us with your e-mail address, you understand that you may receive occasional e-mail announcements relating to Folsom Parks & Recreation programs, events, and services. Folsom Parks & Recreation respects your privacy and does not rent or sell your e-mail information. You may opt out of receiving these e-mails at any time by replying to the message or by calling 916-461-6601.

Signature of Parent /Guardian _____ Date: _____

Print name of Parent/Guardian _____